

## *Petals and Pearls*

# **The Newsletter of the St Louis Club of Alpha Gamma Delta Fall 2018 Edition**

### **Letter from the President**

#### **The Three W's of Membership**

At the conclusion of the installation ceremony at our May meeting, I told those attending that in my many years of serving organizations in various capacities I had encountered three primary types of members: the What Ifs, the Whatever's and the Why Nots.

The "What If" members are the Debby Downers of the group. No matter what you propose or plan they always seem to find the negative or a "what if" to dampen the group's spirit. What if it rains? What if no one attends? What if we don't have enough money? What if the program bombs?

And then there are the "Whatever" people. Without enthusiasm or energy, no matter what you plan or propose they just quietly shrug their shoulders or sigh and say, "Whatever." Whatever you say. Whatever you want to do. Whatever...it really doesn't matter.

If you are lucky, you might find yourself in a whole garden of "Why Nots." These are the energetic, visionary members who look for ways to do innovative programs or are eager to support the members who propose new ideas and changes that rejuvenate!

When I joined the St. Louis AGD Club in 2014, I felt almost immediately that this was a "Why Not" organization, and I have not been disappointed!

It started with a phone call from Diane Wicker. I had never met her, and she certainly didn't know me. Nevertheless, she said, "Why not carpool with us to your first meeting, since you don't know anyone?"

And the "Why Nots" have continued over the last four years as new ideas have been proposed and accepted by our membership: Why not try bocce for our Alpha Gam Always? Why not try a meeting at a different location other than someone's home? Why not have a Sister's Night Out—just for the fun of it? Why not do some "off the wall" programs—literally and figuratively?

I ended my speech that evening with a challenge to the members of our club: Why not be a Why Not Club for 2018-2019? Why not seriously try to get at least thirty tables at our trivia night? Why not expand our sphere of influence on the Illinois side this next year? Why not find new ways to interact with our adopted collegiate chapters?

I know our program/social committee has some wonderful plans for 2018-2019. Why not come to our meetings or events to hear what they have planned?

Loyally,  
Linda Pratz Shugert,  
President

#### **FROM THE TOP AND BOTTOM OF MY HEART, THANK YOU!**

I was totally surprised and overwhelmed at our IRD luncheon this year as Jan Petersen, on behalf of the Awards Committee, presented the Heart Award to me. In truth, I really feel as though I should be giving a heart award to the St. Louis Club for all their acceptance, support and encouragement.

I also want to thank this club for allowing me to be the St. Louis representative at the 2018 International Convention in San Antonio. It was stupendous! Truly, it is an experience I shall long remember and cherish.

--Linda

## Letter from the Editor

Dear Sisters,

I'm pleased to present the Fall 2018 Newsletter.

My history with this club has stretched back over a decade now – in the blink of an eye as I remember it. I've served in many roles from Ritual & Remembrance to VP Membership to Electronics Communications...and I've served in ways that do not have a title. I've enjoyed all of my roles for different reasons. Some challenged me to think outside the box, some presented problems I needed to solve, some required me to ask people I didn't know for help. I've learned more than I ever thought possible.

Our club has a wealth of talented sisters. And I know this to be true – we can do greater things *together* than we could ever do by ourselves. Our fundraising mission asks us to give the most necessary of provisions – food – to those in need. Together we can meet and even exceed the goals we set earlier this year.

I hope you will consider giving your talents to our club this year in any way that you can. Let's do this together.

Loyally,

Jane Miller Taylor,  
Newsletter Editor



## The Alpha Gamma Delta Purpose

*To gain understanding that wisdom may be vouchsafed to me.*

*To develop and prize health and vigor of body.*

*To cultivate acquaintance with many whom I meet.*

*To cherish friendships with but a chosen few and to study the perfecting of those friendships.*

*To welcome the opportunity of contributing to the world's work in the community where I am placed because of the joy of service thereby bestowed and the talent of leadership multiplied.*

*To honor my home, my country, my religious faith.*

*To hold truth inviolable, sincerity essential, kindness invaluable.*

*To covet beauty in environment, manner, word and thought.*

*To possess high ideals and to attain somewhat unto them.*

*This shall be my Purpose  
that those who know me may esteem  
Alpha Gamma Delta  
for her attainments, revere her for her  
purposes and love her for her  
womanhood.*



*Alpha Gam Always October 2017*

# Alpha Gamma Delta



*International Reunion Day April 2018*



*International Reunion Day April 2018*



*Trivia Night April 2018*



*Holiday Party December 2017*



**SNAPSHOT**  
**2018 -2019 Meetings & Events**

Tuesday, Sept. 11, 2018 @ 6:30pm  
Dinner & Meeting  
Diane Wicker's home

Sunday, Oct. 14, 2018 @ 2 – 4pm  
Alpha Gam Always event  
Italia America Bocce Club

Wed., Nov. 14, 2018 @ 6:30pm  
Appetizer & salad meeting  
Joy Straney's office

Tuesday, Dec. 11, 2018 @ 6:30pm  
Holiday Party  
Patricia Ferry's home

Wed., Jan. 9, 2019 @ 6:30pm  
Appetizer & salad meeting  
"Sister time" themed event  
Sheri Tucker's home

Tuesday, Feb. 12, 2019 @ 6:30pm  
Appetizer & salad meeting  
Bunco game night  
Jan Petersen's home

Wed., March 13, 2019 @ 6:30pm  
Appetizer & salad meeting  
Trivia Workshop & Collegiate Chapters  
Carol Amling's home

Saturday, April 13, 2019 @ 7pm  
14<sup>th</sup> Annual Trivia Night  
The Heights Community Center  
Richmond Heights

Saturday, April 20, 2019  
International Reunion Day  
*(details to be announced)*

Tuesday, May 14, 2019 @ 6:30pm  
Dinner & Meeting

Installation of Officers  
Jennifer Wood's home

Wed., May 29, 2019  
Alpha Gam Night Out  
*(details to be announced)*



**2018-19 Meetings & Events**

All **Regular Club Members** need to serve on one dinner committee each year AND contribute a minimum of \$15 (in food and/or cash) toward that dinner.

**Associate Members** are always welcome to come to meetings, but we ask for a \$5 contribution toward the meal. Please contact the Dinner Chairman to let her know you're planning to attend.

**Tuesday, Sept. 11, 2018 @ 6:30pm**  
Dinner & Meeting hosted by Diane Wicker  
Diane's home address:  
11909 Moorland Manor Court  
St. Louis, MO 63146

Dinner Chair: Margie Craft Halley  
Committee Members: Megan Epperson,  
Betsy Lueg

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**Sunday, Oct. 14, 2018 @ 2 – 4pm**

**Alpha Gam Always**

Italia America Bocce Club  
2210 Marconi Street  
St. Louis, MO 63110

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**Wed., Nov. 14, 2018 @ 6:30pm**

Appetizer & salad meeting  
Isaiah 58 Ministries presentation  
Hostess: Joy Straney  
Co-Hostess: Bonnie Sanguinet

Joy's office address:

Renaissance Financial Corp.  
5700 Oakland Ave. Ste. 400  
St. Louis, MO 63110

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**Tuesday, Dec. 11, 2018 @ 6:30pm**

Holiday Party hosted by Patricia Ferry  
Patricia's home address:  
503 W. Madison Street  
Millstadt, IL 62260

Dinner Chair: Lucia Oswald

Committee Members: Tracie Noel, Melissa Steckler, Nancy Berthold, Linda Shugert

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**Wed., Jan. 9, 2019 @ 6:30pm**

Appetizer & salad meeting  
"Sister time" themed event  
Hostess: Sheri Tucker  
Co-Hostess: Kathleen Miller

Sheri's home address:

16752 Babler View Drive  
Wildwood, MO 63011

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**Tuesday, Feb. 12, 2019 @ 6:30pm**

Appetizer & salad meeting  
Bunco game night  
Hostess: Jan Petersen

Jan's home address:

1928 Kings Row Manor  
St. Louis, MO 63146

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**Wed., March 13, 2019 @ 6:30pm**

Appetizer & salad meeting  
Trivia Workshop & Collegiate Chapters  
Hostess: Carol Amling  
Co-Hostess: Jane Taylor

Carol's home address:

4563 Ferbert Estates Drive  
St. Louis, MO 63128

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**Saturday, April 13, 2019 @ 7pm**

**Trivia Night**

The Heights Community Center  
8001 Dale Avenue  
Richmond Heights, MO 63117

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**Saturday, April 20, 2019**

**International Reunion Day**

(details to be announced)

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**Tuesday, May 14, 2019 @ 6:30pm**

**Installation of Officers**

Dinner & Meeting hosted by Jennifer Wood  
Jennifer's home address:  
990 Sheffield Forest Court  
Wildwood, MO 63021

Dinner Chair: Jackie Rahm Dunn

Committee Members: Kathy Broska

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**Wed., May 29, 2019**

**Alpha Gam Night Out**

(details to be announced)

## Executive Board Meetings

All meetings are open to anyone wishing to attend. Board meetings start at 6:30pm. If you plan to attend and you're not on the board, please let the hostess know you are coming.

August 21, 2018	<u>Hostess:</u> Linda Shugert
October 23, 2018	<u>Hostess:</u> Jan Petersen
January 22, 2019	<u>Hostess:</u> Robin Hollrah
April 23, 2019	<u>Hostess:</u> Sonya Potter



## 2018-19 Officers & Committee Chairs

\*President - Linda Pratz Shugert  
\*Vice President - Jackie Rahm Dunn  
\*Recording Secretary - Megan Epperson  
\*Permanent Sect. & Epsilon Pi Chairman – Robin Hollrah  
\*Treasurer - Janet Ragsdale Petersen  
\*Foundation Fundraiser - Sonya Potter  
\*Editor - Jane Miller Taylor  
\*Electronic Communications Chair- Kathleen (Kathy) Miller  
RSVP Chairman - Diane Brown Wicker  
\*Past President - Catherine (Katie) Fitzgerald Sotiriou  
\*Collegiate Support - Alyssa Fixley  
\*Ritual/Remembrance Chair – Sarah Rudis  
Yearbook Chairman – Robin Hollrah  
Philanthropy Chairman - TBD  
Panhellenic Delegate - Jackie Rahm Dunn  
Panhellenic Alternate – Melissa (Missy) Steckler  
Junior Circle - By Committee  
IRD Chairman – Lucia Campbell Oswald  
Dinner Chairman – Tracie Fream Noel

Program/Social Committee – Margie Craft Halley & Melissa (Missy) Steckler  
Singles Bridge - Bonnie Lyngaas Sanguinet  
Couples Bridge – Nancy Brummett Bruce  
Epsilon Pi Committee - Janet Ragsdale Petersen, Sonya Potter, Diane Brown Wicker  
Election Chairman - Carol Reppel Amling  
Recruitment Information Coordinator - Alyssa Fixley  
Book Club - Lucia Campbell Oswald

*\*signifies Board Member position*

## Support Fees

Regular Active Members \$40  
Associate Members \$10  
Glamour Squirrels \$20

## Regular Members

Carol Reppel Amling  
Nancy Perkinsin Berthold  
Jacquelyn Held Dunn  
Megan Epperson  
Patricia Ferry  
Meg Brannan Fortney  
Marge Craft Halley  
Robin Hollrah  
Betsy Lueg  
Kathleen Miller  
Tracie Fream Noel  
Lucia Campbell Oswald  
Janet Ragsdale Petersen  
Sarah Rudis  
Bonnie Lyngaas Sanguinet  
Mary Wosman Saranita  
Linda Pratz Shugert  
Missy Steckler  
Jane Miller Taylor  
Diane Brown Wicker  
Jennifer Moore Wood

## Associate Members

Jen Bell  
Irma Stender Patton  
Carol Clemons Thomas

### **Glamour Squirrels**

Kathy Kite Broska  
Mary Susan Greenwalt  
Rosemary Brown Hopson  
Haylee Rethman  
Karen Routsong

*Speaking of Glamour Squirrels!!*  
In an effort to reach out to younger alumnae, the board has agreed to have the Glamour Squirrel membership:



The St. Louis Club of Alpha Gamma Delta now offers a discounted membership of \$20 to sisters who were initiated as a collegiate within the last 12 years.

To receive the discount, you must be new to the club/did not participate the previous year

-OR-

Attend at minimum:

1. One Regular Business Meeting
2. One Junior Circle event
3. One other meeting, Junior Circle or club event (This can be Book Club, Trivia Night or any other sisterhood event or activity sponsored by the club!)

Can I attend more?

Certainly! We'd love to see you! However, we understand that you have a new and exciting life and sometimes attending club events have to take a backseat to work, other community service opportunities and interests.



### **Supporting Our Sisters**

You never know when it might happen to you - a natural disaster or a financial emergency. But rest assured that you are not alone. Your sisters and the [Alpha Gamma Delta Foundation](#) are here to help.

The [SIS Grant](#) program provides funds to sisters and dependent family members who have suffered severe economic or medical hardship and have exhausted all other means of support. Since emergencies arise unexpectedly, applications are accepted at any time.

[Disaster Relief Grants](#) provide immediate assistance to sisters faced with emergency need due to a disaster, such as tornados, hurricanes, wildfires, floods or other emergency situations. No application is required but contact information and proof of need is requested.

If you or a sister you know is experiencing a hardship or emergency situation, please know that the Foundation is here to help.

*Not sure if a situation applies?*

*Call the Foundation office at 317.663.4242.*



# CLUBS WITHIN OUR CLUB

## BOOK CLUB

Gatherings are held the first Thursday of each month at 6pm for dinner/discussion at Schneithorst's Restaurant.

Please contact Lucia Oswald with any questions at 314-807-4516 (cell).

Sept. 6<sup>th</sup>: The 100-Year-Old Man Who Climbed Out the Window and Disappeared  
By Jonas Jonasson

Oct. 4<sup>th</sup>: The Little Paris Bookshop  
By Nina George

Nov. 1<sup>st</sup>: Endurance: A Year in Space, A Lifetime of Discovery  
By Scott Kelly

Jan. 3<sup>rd</sup>: Little Fires Everywhere  
By Celeste Ng

Feb. 7<sup>th</sup>: Glory Over Everything: Beyond the Kitchen House  
By Kathleen Grissom

March 7<sup>th</sup>: The Underground Railroad  
By Colson Whitehead

April 4<sup>th</sup>: Killers of the Flower Moon: The Osage Murders and the Birth of the FBI  
By David Grann

May 3<sup>rd</sup>: My Grandmother Asked Me to Tell You She's Sorry  
By Fredrick Backman

## COUPLES SOCIAL BRIDGE

Chair- Nancy Brummett Bruce 636-225-7707

Play on the second Saturday of the month following dinner. The host couple chooses the restaurant. Dinner is at 6pm.

Sept. 8, 2018 – Elaine & Mike Thorne  
Nov. 10, 2018 – Nancy & Bob Bruce  
Jan. 12, 2019 – Diane & Steve Wicker  
March 9, 2019 – Bonnie & Craig Sanguinet

## PLAYERS:

Nancy and Bob Bruce 636-225-7707  
Bonnie and Craig Sanguinet 636-284-6772  
Elaine and Mike Thorne 314-821-6667  
Diane and Steve Wicker 314-994-3955

## SUBSTITUTES:

Nancy and Jim Berthold 314-822-1270  
Lucia Oswald 314-961-4879

## SINGLES SOCIAL BRIDGE

Chair- Bonnie Lyngaas Sanguinet  
636-395-7582 or 636-284-6772

Meet on the third Monday of the month from 10am until 2pm except in December.

Hostess provides drinks, salad greens & dressing, and dessert. Please bring two ingredients for the salad if not hosting.

Sept. 17, 2018 – Elaine Thorne  
Oct. 15, 2018 – Jan Petersen  
Nov. 19, 2018 – Nancy Berthold  
Dec. Holiday Break

Jan. 21, 2019 – Carol Amling  
Feb. 18, 2019 – Margie Halley  
March 18, 2019 – Diane Wicker  
April 15, 2019 – Bonnie Sanguinet  
May 14, 2019 – Jackie Dunn

## PLAYERS:

Carol Amling 314-892-1924  
Nancy Berthold 314-822-1270  
Jackie Rahm Dunn 314-640-1154  
Margie Halley 314-302-8299  
Jan Petersen 314-878-8213  
Bonnie Sanguinet 636-395-7582  
Elaine Thorne 314-821-6667  
Diane Wicker 314-994-3955

## SUBSTITUTES:

Nancy Bruce 636-225-7707  
Joan Huisinga 314-448-1700  
Lucia Oswald 314-961-4879



# Alpha Gamma Delta News

## 2018 Convention News & Updates

St Louis Alumnae Club President Linda Pratz Shugert and club member Meg Brannan Fortney attended Alpha Gam's Golden International Convention in June of this year. The Convention was held in San Antonio, Texas. The St Louis Alumnae Club received the Award for ***Outstanding Support of the Foundation in 2017-2018 Biennium***. Our Club also won the ***Jewel Society Award for Outstanding Support of the Foundation in 2017-2018***, and ***Most Improved Financial Support in 2017-18***. These awards wouldn't have been possible without the support of each and every one of you.

## Trivia Night planned for Saturday April 13, 2019 @ 7pm

It's our 14<sup>th</sup> annual event! Whether you've attended none, all, or any number in between, we want you to join us this year! If you'd like to purchase tickets for a table, or volunteer the night of the event, or donate a raffle item, or any other time or talents you could provide to make this year's event a success – we are SO appreciative! Trivia Night will be held at The Heights Community Center, 8001 Dale Ave, Richmond Heights, Missouri. Please save the date! **Contact Sonya Potter, Foundation Fundraising Chair**, for additional information or to volunteer at **314-420-4001** or email Sonya: **stlpotter@gmail.com**.

## Alpha Gamma Delta Announces Leadership for the 2018-2020 Biennium

### International Council

Alpha Gamma Delta is pleased to announce the installation of International Council for the 2018-2020 biennium:

- Lee Woodham Langub, Gamma Alpha, University of Georgia – International President
- Melissa Jacobson James, Rho, Iowa State University – International Vice President - Alumnae
- Stephanie Simpson, Gamma Zeta, University of Memphis – International Vice President - Collegians
- Julie Berger Karstetter, Iota, University of Washington – International Vice President - Membership
- Karen Donaldson Metzger, Gamma Phi, Georgia Institute of Technology – International Vice President - Extension
- Alicia Adams, Gamma Beta, Florida State University – International Vice President - Finance
- Catherine Matthews, Theta Eta, University of Tennessee at Martin – International Vice President - Education

### Foundation Leadership

The Alpha Gamma Delta Foundation Board of Trustees for the 2018-2020 biennium:

- Sue Maggio Sim, Sigma, University of Illinois – Foundation Board President
- Carol Richards Peske, Alpha Beta, University of Michigan – Foundation Board Vice President
- Janis Lang Bartosz, Zeta Delta, Towson University – Foundation Board Treasurer
- Patti Guthrie Rogers, Gamma Delta, Auburn University – Foundation Board Secretary
- Adrienne Kerr Beckett, Zeta Omicron, Kettering University – Foundation Trustee
- Lee Woodham Langub, Gamma Alpha, University of Georgia – Foundation Trustee/International President
- Martha Mae Petry Parham, Gamma Lambda, Longwood University – Foundation Trustee
- Lynne Dunford Rossell, Omega, University of Akron – Foundation Trustee
- Julie Waitman, Beta Beta, North Dakota State University – Foundation Executive Director

### FHC Leadership

The Fraternity Housing Corporation Board of Directors:

- Mary Beth Dulcey Morabito, Zeta Beta, Lehigh University – President
- Katie Jolley Abernathy, Delta Theta, University of Idaho – Director
- Gail Calkins Duree, Epsilon Gamma, University of Denver – Director
- Catherine Matthews, Theta Eta, University of Tennessee at Martin – Director
- Michele Camarco, Interim Managing Director

*Alpha Gamma Delta is thankful for the dedication and service of alumnae who volunteer to serve in such a great capacity. For more information on volunteering, please email [info@alphagammadelta.org](mailto:info@alphagammadelta.org)*

### **International Headquarters**

[www.alphagammadelta.org](http://www.alphagammadelta.org)

**For general inquiries, call 317.663.4200**

**or email: [info@alphagammadelta.org](mailto:info@alphagammadelta.org)**

### **INTERNATIONAL COUNCIL**

International President:	Lee Woodham Langub <a href="mailto:lp@alphagammadelta.org">lp@alphagammadelta.org</a>
International VP- Alumnae:	Melissa Jacobson James <a href="mailto:ivpa@alphagammadelta.org">ivpa@alphagammadelta.org</a>
International VP- Collegians:	Stephanie Simpson <a href="mailto:ivpc@alphagammadelta.org">ivpc@alphagammadelta.org</a>
International VP- Extension:	Karen Donaldson Metzger <a href="mailto:ivpe@alphagammadelta.org">ivpe@alphagammadelta.org</a>
International VP- Membership:	Julie Berger Karstetter <a href="mailto:ivpm@alphagammadelta.org">ivpm@alphagammadelta.org</a>
International VP- Finance:	Alicia Adams <a href="mailto:ivpf@alphagammadelta.org">ivpf@alphagammadelta.org</a>
International VP- Education:	Catherine Matthews <a href="mailto:ivped@alphagammadelta.org">ivped@alphagammadelta.org</a>

**Alpha Gamma Delta International Headquarters**

**8710 N. Meridian St.  
Indianapolis, Indiana 46260**